

When and How to Pilot: Statistical Decision Theory for Two-Wave Experiments

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Treatment Assignment Probability as a Design Problem

- Experimental design requires making decisions under uncertainty
- One such decision: the **treatment assignment probability** $\pi = \Pr(D = 1)$
- The goal is to choose π to **minimize the variance of the ATE estimator**
- If outcome variances were known, the **Neyman allocation** (Neyman, 1934) is optimal:

$$\pi^* = \frac{\sigma_1}{\sigma_1 + \sigma_0}$$

⇒ Allocate more units to the group with higher outcome variance

Motivation: Using Pilot Data in Two-Wave Experiments

- Estimate variances in the pilot and then plug into Neyman's rule

$$\hat{\pi}^* = \frac{\hat{\sigma}_1}{\hat{\sigma}_1 + \hat{\sigma}_0}$$

- This **Feasible Neyman Allocation (FNA)** sets the main-wave assignment probability
- But pilots are **small and noisy**
 - Cai & Rafi (2024): FNA can perform worse than a 50/50 split
- **This paper**: How should experimenters use pilot data to choose the main-wave treatment assignment probability?
 - Model the choice of treatment assignment probability as a statistical decision problem
 - Exact finite-sample analysis (no parametric assumptions or asymptotics)

Roadmap of Talk

Model

Minimax Regret Rule

Conditional Minimax Regret Rule

Calibrated Simulations

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Setup as a Decision Problem

- Two-wave experiment (both waves under CRD):
 - Pilot of size m : balanced treatment and control
 - Main wave of size n : assign treatment with probability π
- Goal: estimate the ATE $= \mathbb{E}[Y(1) - Y(0)]$ with minimum variance
- Variance of diff-in-means (IPW) estimator:

$$V(\pi, \sigma_1^2, \sigma_0^2) = \frac{\sigma_1^2}{\pi} + \frac{\sigma_0^2}{1 - \pi}$$

- Assumption: bounded outcomes $Y(d) \in [0, 1] \Rightarrow (\sigma_1^2, \sigma_0^2) \in \Theta = [0, 1/4]^2$
- Decision problem: use pilot data to choose π to minimize $V(\pi, \sigma_1^2, \sigma_0^2)$

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Regret and Minimax-regret

- Expected regret of a rule $p(\cdot)$. Regret is the expected excess variance from using $p(\cdot)$ instead of π^* :

$$R(p, \sigma_1^2, \sigma_0^2) = \mathbb{E} [V(p, \sigma_1^2, \sigma_0^2) - V(\pi^*, \sigma_1^2, \sigma_0^2)].$$

- Following Manski (2004) and others, find rule that minimizes worst-case regret:

$$p_{\text{MR}} \in \arg \min_{p \in \mathcal{D}} \max_{(\sigma_1^2, \sigma_0^2) \in \Theta} R(p, \sigma_1^2, \sigma_0^2).$$

$\Rightarrow$ Rule that keeps worst-case excess variance as small as possible.

- Game-theoretic view:
 - **Experimenter:** chooses p to minimize regret.
 - **Nature:** chooses $(\sigma_1^2, \sigma_0^2) \in \Theta$ to maximize regret.

Nash Equilibrium

Proposition (Minimax Regret Rule)

In the simultaneous zero-sum game between the Experimenter and Nature:

1. *The Experimenter's unique best reply is*

$$p_{MR} \equiv \frac{1}{2}.$$

2. *Nature's best replies are mixtures of the two extreme points $(\frac{1}{4}, 0)$ and $(0, \frac{1}{4})$.*
3. *The value of the game is $1/4$.*

- Any imbalance can be exploited by Nature $\Rightarrow$ the safe design is always 50/50
- Regret is uniformly bounded under p_{MR} : the maximum regret is at most $1/4$
- The pilot data is uninformative!

Why the Feasible Neyman Allocation (FNA) is not *Optimal*

- FNA plugs pilot estimated variances into Neyman's allocation

$$\hat{p}^* = \frac{\hat{\sigma}_1}{\hat{\sigma}_1 + \hat{\sigma}_0}.$$

- Regret of FNA at true variances (σ_1^2, σ_0^2) :

$$R(\hat{p}^*, \sigma_1^2, \sigma_0^2) = \sigma_1^2 \mathbb{E} \left[\frac{\hat{\sigma}_0}{\hat{\sigma}_1} \right] + \sigma_0^2 \mathbb{E} \left[\frac{\hat{\sigma}_1}{\hat{\sigma}_0} \right] - 2\sigma_1\sigma_0.$$

- **Problem:** ratios of sample standard deviations can explode

⇒ Worst-case regret of FNA is **unbounded**.

- **Why people use it?** If $\hat{\sigma}_d \xrightarrow{P} \sigma_d$ as $m \rightarrow \infty$, then $\hat{p}^* \xrightarrow{P} \pi^*$ and $R(\hat{p}^*, \theta) \xrightarrow{P} 0$.

- What to do?

- FNA is *optimal* when pilot is large, but can perform very poorly with small or noisy pilots
- Minimax regret is always safe but ignores pilot information entirely

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Conditional Minimax Regret (CMR): Definition

Minimize worst-case regret, but only over *plausible* variances supported by the pilot.

1. Estimate treatment and control variances from the pilot: $(\hat{\sigma}_1^2, \hat{\sigma}_0^2)$
2. Construct confidence intervals $I_d = [\sigma_{\ell,d}^2, \sigma_{u,d}^2]$ around each $\hat{\sigma}_d^2$ [► Details](#)
3. Form the confidence rectangle such that $\Pr((\sigma_1^2, \sigma_0^2) \in \hat{\Theta}_\alpha) \geq 1 - \alpha$:

$$\hat{\Theta}_\alpha = I_1 \times I_0 = [\sigma_{\ell,1}^2, \sigma_{u,1}^2] \times [\sigma_{\ell,0}^2, \sigma_{u,0}^2] \subseteq [0, \frac{1}{4}]^2$$

4. Restrict Nature to $\hat{\Theta}_\alpha$ and solve minimax regret problem: [► Closed-form](#)

$$p_{\text{CMR}} \in \arg \min_{p \in \mathcal{A}} \max_{(\sigma_1^2, \sigma_0^2) \in \hat{\Theta}_\alpha} R(p, \theta)$$

CMR: Statistical Guarantees

Proposition (CMR regret on the good event)

Fix $\alpha \in (0, 1)$. On the event that the pilot confidence set $\hat{\Theta}_\alpha$ contains the truth (which occurs with probability at least $1 - \alpha$):

1. Uniform safety.

$$\max_{\theta \in \hat{\Theta}_\alpha} R(p_{\text{CMR}}, \theta) \leq \frac{1}{4}.$$

2. Vanishing regret. If (σ_1^2, σ_0^2) lies in the interior, $R(p_{\text{CMR}}, \sigma_1^2, \sigma_0^2) = O_p(m^{-1})$. If (σ_1^2, σ_0^2) lies on the boundary of $[0, \frac{1}{4}]^2$, then $R(p_{\text{CMR}}, \sigma_1^2, \sigma_0^2) = O_p(m^{-1/2})$.

High-probability guarantees:

- Regret is at most $1/4$
- Regret goes to zero as the pilot grows

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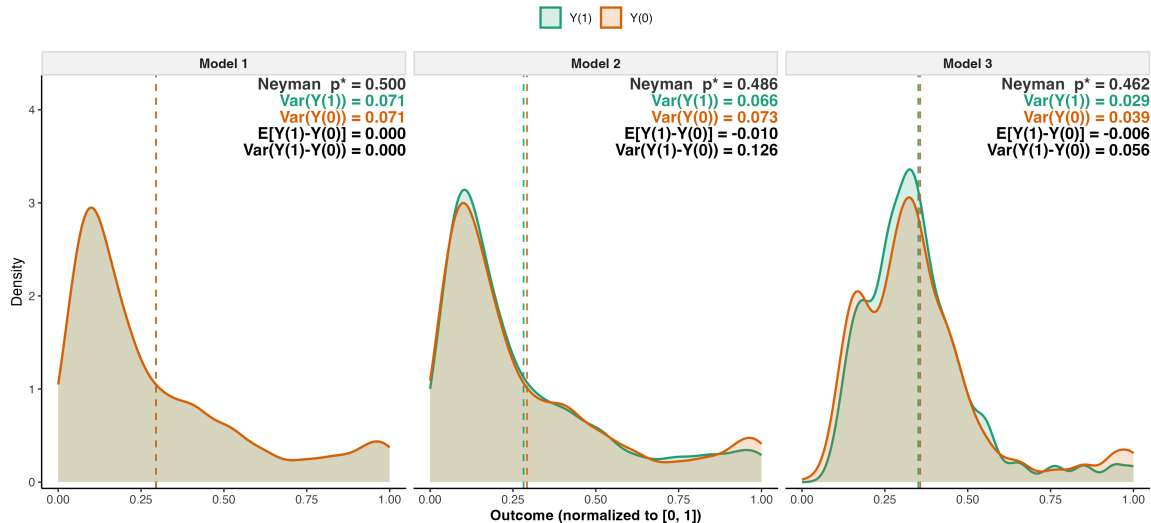
Setup

- Follow Bai (2022); apply to multiple empirical papers (e.g., Abel et al., 2019; Herskowitz, 2021; Abel et al., 2020,...). [▶ Details](#)
- For each paper, impute counterfactual potential outcomes using three models:
 - **Model 1:** No treatment effect $Y_i(1) = Y_i(0)$
 - **Model 2:** Nearest-neighbor (Mahalanobis distance) match
 - **Model 3:** Prediction using local linear regression
- Draw (with replacement) pilot samples from *population* and randomize treatment
- Compute treatment assignment probability of main wave with:
 1. Feasible Neyman Allocation (Plug-in)
 2. Minimax Regret
 3. Conditional Minimax Regret
 4. Neyman allocation using population variances (to compute regret)

Models

Distributions of $Y(1)$ and $Y(0)$

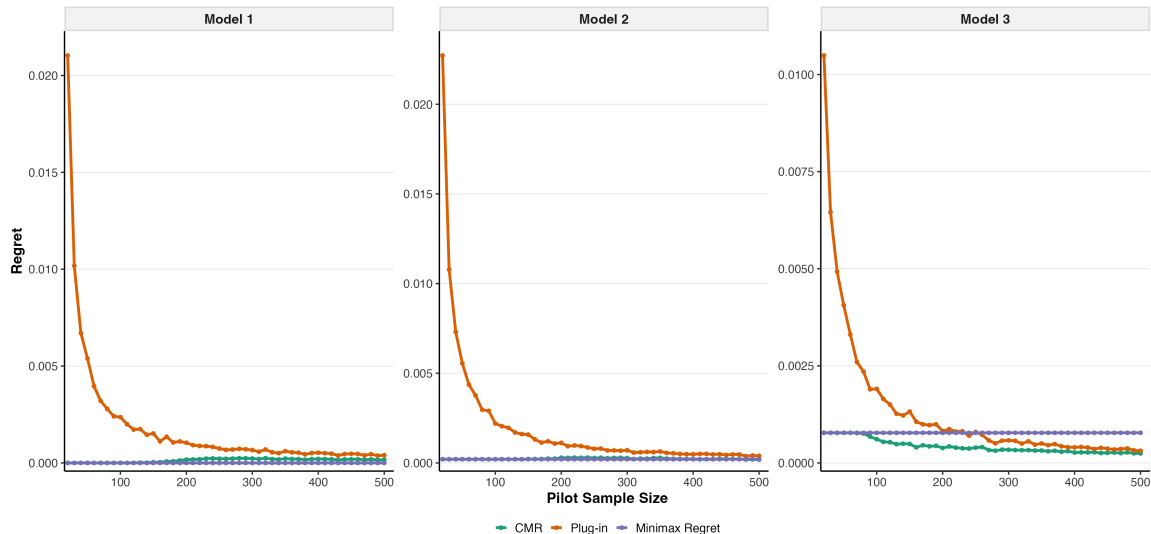
All reported moments computed after normalization to $[0, 1]$



Results

Regret and Pilot Sample Size

Abel, Burger, and Piraino (2020)



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Conclusions

- Focus only on pilots used to choose the main-wave treatment assignment probability
 - Pilots have many other advantages (testing logistics, feasibility, implementation, etc.)
- When to pilot?
 - If the goal is worst-case protection (minimax regret), pilots do not help
 - With CMR or FNA, larger pilots give more information (better alignment with Neyman)
- How to pilot?
 - Be cautious with small/noisy pilots: asymptotic optimality $\neq$ finite-sample optimality
 - Conditional Minimax Regret (CMR) provides a principled middle ground:
 - Defaults to balance with small pilots
 - Converges (w.h.p.) to Neyman allocation with informative pilots

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Confidence Intervals

- Apply Empirical Bernstein inequality (Maurer–Pontil, 2009) for bounded outcomes $Y(d) \in [0, 1]$: with prob. $\geq 1 - \alpha/2$,

$$|\hat{\sigma}_d^2 - \sigma_d^2| \leq 2\sqrt{\frac{2\hat{\sigma}_d^2 \ln(4/\alpha)}{m_d - 1}} + \frac{2 \ln(4/\alpha)}{m_d - 1}.$$

- Define the random radius:

$$t_{d,\alpha}(\omega) = 2\sqrt{\frac{2\hat{\sigma}_d^2(\omega) \ln(4/\alpha)}{m_d - 1}} + \frac{2 \ln(4/\alpha)}{m_d - 1}.$$

- Construct per-arm confidence interval (clipped to $[0, 1/4]$):

$$I_d(\omega) = [\max\{0, \hat{\sigma}_d^2 - t_{d,\alpha}\}, \min\{\frac{1}{4}, \hat{\sigma}_d^2 + t_{d,\alpha}\}].$$

- Joint confidence set is the rectangle:

$$\hat{\Theta}_\alpha = I_1(\omega) \times I_0(\omega),$$

which covers the true (σ_1^2, σ_0^2) with probability at least $1 - \alpha$.

What p_{CMR} does, its formula, and a simple example

- The worst case occurs at the two off-diagonal corners $A = (\sigma_{u,1}, \sigma_{\ell,0})$ and $B = (\sigma_{\ell,1}, \sigma_{u,0}) \Rightarrow p_{\text{CMR}}$ equalizes their regrets
- Closed-form solution:

$$p_{\text{CMR}}(\omega) = \begin{cases} \frac{\Delta_1 + \Delta_0 + C - \text{sign}(C) \sqrt{(\Delta_1 + \Delta_0 + C)^2 - 4C\Delta_1}}{2C}, & C \neq 0, \\ \frac{\Delta_1}{\Delta_1 + \Delta_0}, & C = 0. \end{cases}$$

where $\Delta_d = \sigma_{u,d}^2 - \sigma_{\ell,d}^2$ (arm d width) and $C = (\sigma_{u,1} + \sigma_{\ell,0})^2 - (\sigma_{\ell,1} + \sigma_{u,0})^2$ compares the overall scale of the two corners (i.e., $C > 0 \Rightarrow B$ is scarier).

- Examples:
 1. **Disjoint or shifted bands:** if $\sigma_{\ell,1}^2 > \sigma_{u,0}^2$ then treatment is known noisier $\Rightarrow p_{\text{CMR}} > 1/2$
 2. **High precision:** $\Delta_1, \Delta_0 \rightarrow 0 \Rightarrow p_{\text{CMR}} \rightarrow p_{\text{Neyman}}^*$
 3. **Maximal ambiguity:** wide and symmetric bands ($\Delta_1 \approx \Delta_0, C \approx 0$) $\Rightarrow p_{\text{CMR}} = 1/2$.

Why the m^{-1} Rate in the Interior & CMR vs FNA

- The optimal allocation $p^* = \sigma_1 / (\sigma_1 + \sigma_0)$ minimizes $V(\cdot)$, so $V'(p^*) = 0$.
- Variance estimates have order $m^{-1/2}$, hence $\hat{p} - p^* = O_p(m^{-1/2})$.
- Around p^* , regret is second order:

$$R(\hat{p}, \theta) \approx \frac{1}{2} V''(p^*)(\hat{p} - p^*)^2,$$

so with $\hat{p} - p^* = O_p(m^{-1/2})$ we get $R = O_p(m^{-1})$.

- The confidence rectangle for (σ_1^2, σ_0^2) shrinks at width $O_p(m^{-1/2})$. CMR inherits the square of the width $\Rightarrow O_p(m^{-1})$.
- **FNA in the interior.** Same local logic: plug in $\hat{\sigma}_d$ gives $\hat{p}$ that is root- m consistent, hence $R_{\text{FNA}} = O_p(m^{-1})$, provided variances are bounded away from 0 and 1/4.

Summary of interior rates:

- CMR: $O_p(m^{-1})$ and high-probability safety bound.
- FNA: $O_p(m^{-1})$ but no safety guarantee.

Why Rates Are Slower Near the Boundary

- **Boundary geometry.** When a true variance is near 0 or $1/4$, the confidence interval becomes one-sided and clipped. The symmetric “two-sided” shrinkage that powers the m^{-1} cancellation is lost.
- **First-order term no longer cancels.** In the interior, $V'(p^*) = 0$ and the leading error is quadratic in $\hat{p} - p^*$. Near the boundary, moving within the confidence set shifts the worst case mostly in one direction, so the contribution becomes **first order** in the set's width.
- **Width of the set.** Pilot uncertainty still shrinks like $m^{-1/2}$. Without the interior cancellation, worst-case regret scales like the **width itself** $\Rightarrow O_p(m^{-1/2})$.
- **Ratios become unstable.** Near $\sigma_d^2 \approx 0$, ratios such as $\hat{\sigma}_1 / \hat{\sigma}_0$ can be heavy tailed. CMR guards by optimizing over a bounded set; FNA can suffer large allocations and large regret.
- **Takeaway.** Interior: errors in opposite directions offset, leaving a quadratic remainder (m^{-1}). Boundary: offset breaks, leaving a linear remainder ($m^{-1/2}$).

CMR and Certified Decisions (Andrews & Chen, 2025)

- **CMR is a $(1 - \alpha)$ P-certified decision**

- Define the certificate

$$R_{\text{CMR}}(\omega) = \sup_{\theta \in \hat{\Theta}_\alpha(\omega)} r(p_{\text{CMR}}(\omega), \theta).$$

- By coverage, $P\{L(p_{\text{CMR}}(\omega), \theta) \leq R_{\text{CMR}}(\omega)\} \geq 1 - \alpha$. Hence $R_{\text{CMR}}(\omega)$ is a valid P-certificate for regret.

- **CMR belongs to an essentially complete class of certified decisions**

- *Section 3 result.* P-certified decisions obtained by as-if optimization over any $1 - \alpha$ set form an essentially complete class. For any certified $(\tilde{\delta}, \tilde{R})$ there exists an as-if (δ, R) that weakly dominates it.
- *Implication for CMR.* CMR is an as-if rule using $\hat{\Theta}_\alpha(\omega)$, so it lies in this class. Focusing on CMR-type designs is without loss under this order.

Empirical Application: Abel, Burger & Piraino (2020)

- **Context:** High youth unemployment in South Africa; employers face information frictions about applicants' skills
- **Intervention:** Researchers designed a standardized *reference letter template* for former employers to complete
- **Treatment:** Job seekers were randomly encouraged to obtain and use a standardized reference letter from a former employer
- **Outcome:** total hours worked in the last week measured at 3 months

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